

**Tuna Salad
Each (6oz)**

| Nutrition Facts | |
|--|----------------|
| This is a general nutrition label. | |
| Serving Size 1/2 Cup (170g) | |
| Amount per serving | |
| Calories 350 | |
| | % Daily Value* |
| Total Fat 20g | 40% |
| Saturated Fat 4g | 8% |
| Trans Fat 0g | 0% |
| Polysaturated Fat 13g | 26% |
| Monounsaturated Fat 6g | 12% |
| Cholesterol 60mg | 12% |
| Sodium 60mg | 12% |
| Total Crap 10g | 20% |
| *Percent Daily Values are based on a diet of people who do not exercise. | |

INGREDIENTS: White Albacore Tuna Fish
Chunk in Water (Albacore Tuna; Water;

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